

# Dancing Resources & Opportunities (East Mesa & Beyond)

## Social Dancing Near-by

- **Leisure World:**  
Oct – April: dance parties 2x a month; dinner/dance parties on 5 summer holidays (often Thursday nights).  
Moonlight Serenade and Casual-Aires dinner dance clubs (Members + guests; each club has 4 events per season).  
Big Band practice on Tuesday mornings (approximately November – March) at Rec 2.
- **Red Mountain Senior Center** (7550 E. Adobe St., Mesa 85207, 480-218-2221):  
**Year round:** Wednesdays 12:30 – 3 pm; register attendance annually, then \$5.00/per person per week. Live music.
- **Merry Makers** (Las Palmas Grand: 2550 S. Ellsworth Rd.... south of Baseline)  
Thursdays from 7 to 9:30 pm from Nov. – April, plus special dances. Attire: “dressy” so, no shorts or t-shirts, etc. Live music. Admission: \$12 non-member/\$10 member; annual membership = \$10.00. See website ([dancemm.com](http://dancemm.com)) for calendar, articles on dance etiquette, and [list of AZ dance venues](#) including **dance studios, communities, night spots.**
- **Reign-N-Country** (Sunland Springs, East of Signal Butte and south of Baseline in East Mesa) + other venues.  
Every-other Monday evening (\$10/pp). 7-9:30 pm. Check calendar at [Reign-N-Country.com](http://Reign-N-Country.com).

## Ballroom and Round Dancing (a.k.a. Cued Ballroom/Choreographed Ballroom)

- **Summer Rounds:** Friday 9:30 am, Las Palmas Grand; Pre-rounds/between tips (Wed – Crescent Run; Mon – Apache Villa)
- **Leisure World** (from November through March): Wednesday Evenings (**Ballroom for beginners** with Bill and Carol Goss) (Hurds or Goss) Sunday Evenings (Phase 3-5); many Tuesday Evenings (Phase 4-6); Wednesday & Friday Mornings (Phase 5-6).
- Other **Near-by Communities** (from **late October through April**) Opportunities for beginners through phase 6:
  - “**Mesa Brochure**” (updated each season) available to print at [gphurd.com/](http://gphurd.com/)
  - **Weekly schedule:** <http://rounddancing.azphx.com/>
- **Special Events:** Dancing in the Desert – Phase 4-6 (Jan.), Escape the “Snow” Ball Dance & Dinner – Phase 3-5 (Jan.) Cactus Capers – Phase 4-6 (Feb.), Mesa Magic – Phase 2-4 (March), Sunday Dance Parties (Phase 3-5); Combined Cued Fun Dance (Phase 2-6)

## Shall We Round Dance Club, Leisure World

- We encourage all interested dancers to **join the Shall We Round Dance Club**. (One-time dues of \$5.00/person help support dancing in this area – see Kaye West to pay dues). Thanks!!
- Consult *Leisure World News* (**Shall We Round Dance Club** article) for info about classes for beginners in the fall.

## On-Line Round Dance Resources

- [cuedballroomdance.com](http://cuedballroomdance.com)  
Short videos **explaining Round Dancing** (a.k.a. Cued/Choreographed Ballroom Dance)  
**Video Catalog** (for inspiration and practice or learning new routines). New spreadsheet per rhythm  
**Dance name links to video on You Tube** (dance with cues). Links at bottom of spreadsheet lead to **other rhythms**.
- [rounddancing.azphx.com](http://rounddancing.azphx.com) Weekly schedule of events in Mesa/Phoenix valley; dance programs w/links to cue sheets of Dances programmed; flyers with info for nearby special dance events, many videos (see menu at top of page).
- [icbda.com](http://icbda.com) (International Choreographed Ballroom Dance Association)  
*All dancers* are invited to join. Also “like” ICBDA on **Facebook** ([www.facebook.com/ICBDA](http://www.facebook.com/ICBDA))  
**Free** worldwide, available in left-hand menu: **Cold Feet II** (written info **with footprints** for waltz & two-step basics).  
**Free** for ICBDA members (modest dues), available from *member homepage* right-hand menu (Find “**How to Dance –Beginning Dance Manuals**”: 6 books (more detail for waltz and two-step, plus phase 3 patterns and some advanced variations for foxtrot, quickstep, Argentine tango, rumba, cha cha, mambo, and jive/swing. Plus a **cross-referenced index** to help find information quickly. These books include **footprints**.  
Links to **where** in the world to dance (always cued in English), where to find beginning lessons, what dances are popular.  
Quarterly Newsletter, TAC manual (for advanced figures), and many other resources!!
- [Roundalab.org](http://Roundalab.org) (Round dance teachers’ association) Roundalab standardizes/updates cues/phases on behalf of the movement.  
> **Cue Sheets** > **Index of Rounds** (Searchable data base of tens of thousands of round dance routines with links to **cue sheets**.  
Guidelines for writing (thus reading) cue sheets; lists of Abbreviations and popular dances.  
Subscription service for **videos** of figures and for **manual** of figure descriptions (no footprints) available to purchase.
- **Curt & Tammy Worlock** offer Bootcamps, teaching subscriptions, and online figure clinics (see <https://curtandtammy.com/>).
- [home.csulb.edu/~kwest](http://home.csulb.edu/~kwest) > Walk In, Dance Out: useful info for learning/improving dancing. See also [rounddancing.net](http://rounddancing.net).