

Merengue Figures and Sources for How to Dance Them

The following figures are those standardized by Roundalab on behalf of the round dance movement. There are variations of these figures as well as unphased figures which are found in many dances.		
Roundalab Standard Figures		
Phase 3		
Arm Slide Basic Break (to Position) Circle Away & Together Circle Walk Right Conga Walks Forward & Back	Conga Walks, Side Lariat Merengue Whisk Open Break Promenade Promenade Turn Away Rock Turn	Roll Separation Stair Forward Stair Side Underarm Turn
Phase 4		
Aida Back to Back Basic w/Face Loops Conga Break Continuous Cucarachas	Continuous Cucaracha Crosses Continuous New Yorkers Glide Lindy Catch	Marchessi Natural Top Promenade Swivels Side Separation Swing Basic
Phase 5		
Open Break to a Man's Wrap & Unwind	Stop & Go	Wrap Around
Phase 6		
Snake		

Roundalab.org, defining figures on behalf of the round dance movement, offers subscriptions to [Manuals](#) (defining figures) and to [Videos](#) of each figure.

ICBDA.com provides to [members](#) a Technical Advisory Committee (TAC) manual with information about the more advanced figures (4-6) and has past convention clinic videos for sale.

Clinic Notes from [ICBDA Conventions](#) (*Merengue*)

ICBDA [members](#) also may freely download the following articles located on left-hand menu of [ICBDA member home](#) page under "**Past Convention Syllabus.**" Select the convention year and scroll to the page number.

Merengue

<u>Year: Page</u>	<u>Presenter/s</u>	<u>Title</u>
1999: 49	Ralph & Joan Collipi	"Merengue Notes"
1991: 53	George & Mady D'Aloiso	"Merengue"
1991: 54	Del & June Wilson	"Clinic Notes on Merengue"