

## Two Step Figures and Sources for How to Dance Them

The following figures are those standardized by Roundalab on behalf of the round dance movement. There are variations of these figures as well as unphased figures which are found in many dances.		
Roundalab Standard Figures		
Phase 1		
Balance Away & Together *	Circle Away & Together *	Side Two Step Apart & Together *
Balance Forward & Back *	Cross Walk *	Two Step Back *
Balance Left & Right *	Reverse Box *	Two Step Forward *
Box	Side Two Step *	
Phase 2		
Back Lock	Face to Face *	Scissors Hitch *
Back Lock Back *	Face to Face & Back to Back *	Scout *
Back to Back *	Forward Lock	Skate *
Basketball Turn *	Forward Lock Forward *	Sliding Door *
Box Left Turning *	Hitch *	Spot Spin *
Box Right Turning *	Hitch (Forward & Back) *	Step Swivel *
Broken Box *	Hitch Four *	Thru Scissors *
Circle Box *	Hitch Scissors *	Traveling Door
Open Box *	Lace *	Twirl *
Open Reverse Box *	Limp *	Twirl Vine *
Progressive Box *	Limp (Front) *	Twisty Vine *
Solo Left Turning Box	Progressive Balance Away & Together	2 Turning Two Steps *
Traveling Box *	Progressive Scissors *	Vine *
Breakaway *	Quick Two Step *	Vine (Open) *
Change Sides *	Reverse Twirl *	Vine Apart & Together *
Charleston *	Reverse Twirl Vine *	Vine Eight *
Circle Chase *	Rock Steps *	Vine Four *
Circle Pickup	Sand Step *	Vine Three *
Cut Back *	Scissors *	Wheel *
Door		
Phase 3		
Fishtail *	Stair Side *	Two Left Turning Two Steps
Pivot Right Face *	Strolling Vine *	Whaletail *
Stair Forward *	Susie Q *	

[Roundalab.org](http://Roundalab.org), defining figures on behalf of the round dance movement, offers subscriptions to [Manuals](#) (defining figures) and to [Videos](#) of each figure.

[ICBDA.com](http://ICBDA.com) provides to [members](#) a Technical Advisory Committee (TAC) manual with information about the more advanced figures (4-6) and has past convention clinic videos for sale.

\* Figures defined and diagrammed in *Cold Feet II: Beginning Waltz & Two-Step Basics*, pp.

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33-114 and/or *Fancy Figures: Two-Step*, pp. 1-161 *Cold Feet II* is available free to anyone in the world at [icbda.com](http://icbda.com) public page, left menu. *Fancy Figures Two-Step* is available free to members of [ICBDA](http://icbda.com) (download from right-hand menu on **member** home page. Find “How to Dance” and select “Beginning Manuals.”)

### **Clinic Notes** from ICBDA Conventions (*Two Step*)

ICBDA [members](#) also may freely download the following articles located on left-hand menu of **ICBDA member home** page under “**Past Convention Syllabus.**” Select the convention year and scroll to the page number.

To date, ICBDA has not had clinic notes related to the Two Step rhythm.