

Rumba Figures and Sources for How to Dance Them

The following figures are those standardized by Roundalab on behalf of the round dance movement. There are variations of these figures as well as unphased figures which are found in many dances.

Roundalab Standard Figures		
Phase 3		
Back Basic *	Cucaracha *	Reverse Underarm Turn
Basic *	Cucaracha Cross	Sand Step
Break (to Position) *	Fence Line *	Shoulder to Shoulder *
Chase *	Forward Basic *	Side Walks *
Chase Peek-a-Boo	Hand to Hand *	Sliding Door
Chase Peek-a-Boo Double	Kiki Walks	Spot Turn *
Chase w/Underarm Pass	Lariat *	Thru Serpiente
Circle Away and Tog	New Yorker *	Time Step
Corte'	Open Break *	Traveling Door
Crab Walks *	Progressive Walks (Fwd or Back) *	Underarm Turn
		Whip *
Phase 4		
Aida	Develop	Ronde Box
Alemana	Fan (from a ½ Basic)	Switch
Alemana from a Fan	Flirt	Switch Rock
Alternative Basic	Hockey Stick	Trade Places
Cross Body	Latin Whisk	
Phase 5		
Alternating Cross Body	Full Natural Top	Stop and Go Hockey Stick
Closed Hip Twist	Natural Opening Out	Sweetheart
Cross Basic	Open Hip Twist	Tornillo Wheel
Cuddle	Sit Line	
Phase 6		
Advanced Alemana	Continuous Hip Twist	Rope Spin
Advanced Hip Twist	Continuous Natural Top	Same Foot Lunge
Advanced Sliding Door	Curl	Three Alemanas
Ballerina Wheel	Full Reverse Top	Three Threes
Circular Hip Twist	Horse and Cart	Turkish Towel

Roundalab.org, defining figures on behalf of the round dance movement, offers subscriptions to Manuals (defining figures) and to Videos of each figure.

ICBDA.com provides to [members](#) a Technical Advisory Committee (TAC) manual with information about the more advanced figures (4-6) and has past convention clinic videos for sale.

*Figures defined and diagrammed in *Fancy Figures: Phase III Latins*, pp. 65-110. Members of

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[ICBDA](#) can download free (on right-hand menu on **member** home page find “How to Dance” and select “Beginning Manuals.” Improved descriptions for the figures and rhythm are defined on this website (see Teaching cue sheet and Supplemental Notes).

Clinic Notes from ICBDA Conventions (*Rumba and Latin or Rhythm*)

ICBDA [members](#) also may freely download the following articles located on left-hand menu of **ICBDA member home** page under “**Past Convention Syllabus.**” Select the convention year and scroll to the page number.

Rumba

<u>Year: Page</u>	<u>Presenter/s</u>	<u>Title</u>
2016: 33-34	Steve & Lori Harris	"Getting That Rumba Flavor"
2008: 64-65	Dwain & Judy Sechrist	"2008 Seminar Notes - Rumba & Cha Cha"
2006: 90-91	Pete & Mary McGee	"Technique in Rumba and Cha Cha"
1997: 17	Kay & Joy Read	"Advanced Rumba Figure Amalgamations (Leading & Execution)"
1996: 12-15	Dwain & Judy Sechrist	Clinic Notes - Rumba
1995: 36	Kenji & Nobuko Shibataf	"Rumba Clinic Notes"
1993: 32	Carlos & Nancy Esqueda	"Rumba Clinic Notes"
1992: 35	Mike & Sally Poehler	"Rumba Clinic Teach"
1991: 59-61	Ray & Anne Brown	"Rumba Clinic/Teach Notes"
1990: 53-54	Wayne & Donna Slotsve	"Clinic Notes on Rumba"
1987: 52	Petr & Beryl Barton	"Clinic Notes (Comments)"
1987: 54-64	Dwain & Judy Sechrist	"Clinic Notes for Selected Phase 5 & 6 Rumba & Cha Figures"
1985: 81-82	Brent & Mickey Moore	"Notes for an Intermediate Rhumba Clinic"
1984: 19, 21	Steve & Fran Bradt	"Clinic Notes - Rumba/Cha Cha"
1983: 51-54	Roy & Sally Plaisance	"Rumba Clinic Notes"
1982: 93	Bob & MaryAnn Rother	"International Rumba Notes"
1982: 111-117	Mike & Diana Sheridan	"Latin Basics"
1980: 31	Eddie & Audrey Palmquist	"Comments on International Rumba"

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Latin or Rhythm

<u>Year: Page</u>	<u>Presenter/s</u>	<u>Title</u>
2008: 66-67	Irv & Betty Easterday	"Who Leads? Who Follows" That Is the Question!: The Latin Way"
2007: 61-64	Sandi & Dan Finch	"Latin Technique"
2006: 76	Chris & Terri Cantrell	"Lead? Follow?"
2006: 100	Michael & Diana Sheridan	"Latin Problem Figures"
2005: 129-130	Al & Carol Lillifield	"The Latin Toolbox"
2005: 131-134	Brent & Judy Moore	"Using Your Arms to Decorate Your Dancing"
2004: 114-117	Chris & Terri Cantrell	"Latin Attitude"
1999: 42-43	Wayne & Barbara Blackford	"The ABC's of Dancing"
1999: 55-58	Jerry & Diana Broadwater	"What's the Difference: American vs. International Latins: Cha Cha, Rumba, Jive"
1998: 54	Bill & Carol Goss	"Learning Latin in Layers"
1998: 55	Curt & Tammy Worlock	"Twists and Turns of Latin Dance"
1997: 18-24	Richard E. Lamberty	"Footwork and Rise: Two Sides of the Same Coin"
1996: 33-37	Richard Lamberty	"Basic Latin Action"
1981: 15-17	Roy & Phyllis Stier	"Styling Clinic"