

Jive (and East Coast Swing) Figures & Sources for How to Dance Them

The following figures are those standardized by Roundalab on behalf of the round dance movement. There are variations of these figures as well as unphased figures which are found in many dances.

West Coast Swing is listed as a separate rhythm by Roundalab. They have grouped all of the other Swing variations into the Jive category.

Roundalab Standard Figures: Jive and East Coast Swing		
Phase 3		
Basic Rock *	Falloway Rock *	Progressive Rock *
Change Hands Behind Back	Falloway Throwaway	Rock the Boat *
Change Places Left to Right	Jive Walks	Shag Step *
Change Places Right to Left	Kick Ball Change *	Swivel Walks
Chasse´*	Link	Throwaway
Falloway LF Turning *	Link Rock	Triple
Falloway RF Turning *	Point Step *	Triple RF Turning
Phase 4		
American Spin	Miami Special	Sole Tap
Chicken Walks	Pretzel Turn	Spanish Arms
Continuous Chasse´	Riverboat Shuffle	Traveling Sand Step
Glide to the Side	Sailor Shuffle	Triple Wheel
Lindy Catch	Shoulder Shove	Windmill
Marchessi	Side Breaks	
Phase 5		
Catapult	Mooch	Stop and Go
Chasse´ Roll	Neck Slide	Whip Throwaway
Flicks into Breaks	She Go, He Go	Whip Turn
Phase 6		
Chopper	Flea Hops	Simple Spin
Coca Rola	Rolling Off the Arm	Turnstile
Curly Whip	Shoulder Roll	Whip Spin

Roundalab.org, defining figures on behalf of the round dance movement, offers subscriptions to [Manuals](#) (defining figures) and to [Videos](#) of each figure.

ICBDA.com provides to [members](#) a Technical Advisory Committee (TAC) manual with information about the more advanced figures (4-6) and has past convention clinic videos for sale.

* Figures defined and diagrammed in *Fancy Figures: Phase III Latins*, pp. 125-150. Members of ICBDA can download free (on right-hand menu on **member** home page find “How to Dance” and select “Beginning Manuals.” Improved descriptions for the figures and rhythm are defined on this website (see Teaching cue sheet and Supplemental Notes).

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Clinic Notes from ICBDA Conventions (*Jive and East Coast Swing and Latin or Rhythm*)

ICBDA [members](#) also may freely download the following articles located on left-hand menu of ICBDA member home page under "Past Convention Syllabus." Select the convention year and scroll to the page number.

Jive

<u>Year: Page</u>	<u>Presenter/s</u>	<u>Title</u>
2019: 32	Randy & Marie Preskitt	"Teaching the Basics of Jive"
2019: 35-36	Tom Hicks	"Jive: Ideas and Thoughts"
2019: 37	Wayne & Barbara Blackford	"Jive Clinic Notes - Phase V"
2004: 112-113	Jim & Bonnie Bahr	"Jive or Swing: Is There a Difference?"
2001: 64	Bill & Carol Goss	"Swing & Jive, Is There a Difference?"
1999: 47-48	Bill & Carol Goss	"Lindy Hop"
1996: 25-27	Irv & Betty Easterday	"The Swing's the Thing"
1990: 45	John & Mary Macuci	"Jive Clinic"
1988: 42, 44	Richard & Jo Anne Lawson	"Clinic Notes - Phase IV Foxtrot & Swing"
1984: 20	Irv & Betty Easterday	"Jive (Swing, Lindy, Jitterbug)"
1983: 38	Bob & Mary Ann Rother	"Jive (Triple Swing)"
1981: 21-27	Bobbie & George Stone	"About Jive" and "Jive Figures"
1980: 25-26	Jack & Alma Bassett	"Swing Clinic"

There may be some reference to Jive or Swing in some of these documents.

Latin or Rhythm

<u>Year: Page</u>	<u>Presenter/s</u>	<u>Title</u>
2008: 66-67	Irv & Betty Easterday	"Who Leads? Who Follows" That Is the Question!: The Latin Way"
2007: 61-64	Sandi & Dan Finch	"Latin Technique"
2006: 76	Chris & Terri Cantrell	Lead? Follow?"
2006: 100	Michael & Diana Sheridan	"Latin Problem Figures"
2005: 129-130	Al & Carol Lillifield	"The Latin Toolbox"
2005: 131-134	Brent & Judy Moore	"Using Your Arms to Decorate Your Dancing"
2004: 114-117	Chris & Terri Cantrell	"Latin Attitude"
1999: 42-43	Wayne & Barbara Blackford	"The ABC's of Dancing"
1999: 55-58	Jerry & Diana Broadwater	"What's the Difference: American vs. International Latins: Cha Cha, Rumba, Jive"

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1998: 54	Bill & Carol Goss	"Learning Latin in Layers"
1998: 55	Curt & Tammy Worlock	"Twists and Turns of Latin Dance"
1997: 18-24	Richard E. Lamberty	"Footwork and Rise: Two Sides of the Same Coin"
1996: 33-37	Richard Lamberty	"Basic Latin Action"
1981: 15-17	Roy & Phyllis Stier	"Styling Clinic"