

## Cha Cha Figures and Sources for How to Dance Them

The following figures are those standardized by [Roundalab](http://Roundalab.org) on behalf of the round dance movement. There are variations of these figures as well as unphased figures which are found in many dances.

Roundalab Standard Figures		
<b>Phase 3</b>		
Back Basic *	Cucaracha *	Shoulder to Shoulder *
Basic *	Fence Line *	Side Walks *
Break (to position) *	Forward Basic *	Sliding Door
Chase *	Hand to Hand *	Spot Turn *
Chase Peek-a-Boo	Lariat *	Time Step
Chase Peek-a-Boo Double	New Yorker *	Traveling Door
Chase w/Underarm Pass	Open Break *	Underarm Turn
Circle Away and Together *	Reverse Underarm Turn	Walk 2 & Cha *
Crab Walks *	Sand Step	Whip *
<b>Phase 4</b>		
Aida	Fan (from a ½ Basic)	Switch
Alemana	Flirt	Switch Rock
Alemana from a Fan	Hockey Stick	Trade Places
Alternative Basic	Parallel Chase	Triple Cha Forward or Back
Cross Body	Ronde Box	Umbrella Turn (2 versions)
Develope´	Ronde Chasse´	
<b>Phase 5</b>		
Challenge Chase	Full Natural Top	Single Cuban Break
Closed Hip Twist	La Suiza	Sit Line
Cross Basic	Natural Opening Out	Stop and Go Hockey Stick
Cuddle	Open Hip Twist	Sweetheart
Double Cuban Breaks		
<b>Phase 6</b>		
Advanced Alemana	Alternative Chasse´ Ending:	Curl
Advanced Hip Twist	• Ronde Chasse´	Follow My Leader
Advanced Sliding Door	• Slip Chasse´	Full Reverse Top
Alternative Chasse´ Ending:	Ballerina Wheel	Rope Spin
• Hip Twist Chasse´	Continuous Natural Top	Turkish Towel

[Roundalab.org](http://Roundalab.org) offers subscriptions to [Manuals](#) (defining figures) and [Videos](#) (showing them being danced).

[ICBDA.com](http://ICBDA.com) provides free to [members](#) a Technical (**TAC**) **Manual** with information about the more advanced figures (4-6) and they have past convention clinic videos for sale.

\*Figures are defined and diagrammed with footprints in *Fancy Figures: Phase III Latins*, pp. 13-62 which [Members](#) of [ICBDA](http://ICBDA.com) can download free (on right-hand menu on **member** home page find “How to Dance” and select “Beginning Manuals.” Improved descriptions for the figures and rhythm are defined on this website (see [Teaching cue sheet](#) and [Supplemental Notes](#) which provide information about how to perform many of the phase 3 and 4 figures).

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### **Clinic Notes** from ICBDA Conventions (*Cha Cha* and *Latin or Rhythm*)

ICBDA [members](#) also may freely download the following articles located on left-hand menu of ICBDA member home page under "Past Convention Syllabus." Select the convention year and scroll to the page number.

### **Cha Cha**

<u>Year: Page</u>	<u>Presenter/s</u>	<u>Title</u>
2008: 64-65	Dwain & Judy Sechrist	"2008 Seminar Notes - Rumba & Cha Cha"
2006: 90-91	Pete & Mary McGee	"Technique in Rumba and Cha-Cha"
2001: 65-66	Kay & Joy Read	"Improve Your 'Chasses' and Advance Your Cha Cha Cha"
2000: 56-57	Irv & Betty Easterday	"Cha Cha Cha"
2000: 58-59	Jim & Bonnie Bahr	"That Pesky 'Other Cha Cha Rhythm'"
1999: 45-46	Jerry & Diana Broadwater	"Cha Cha Clinic Notes"
1994: 31-32	Wayne & Barbara Blackford	"Cha Cha Clinic Notes"
1990: 41	Derek & Jean Tonks	"Cha Cha Clinic Notes"
1987: 30-36	Kenji & Nobuko Shibata	"Cha Cha Clinic Note"
1987: 54-64	Dwain & Judy Sechrist	"Clinic Notes for Selected Phase 5 & 6 Rumba and Cha Figures"
1984: 19, 21	Steve & Fran Bradt	"Rumba/Cha Cha"
1982: 111-115	Mike & Diana Sheridan	"Latin Basics"
1981: 20	Irv & Betty Easterday	"Cha Cha Cha"
1980: 69-70	Bob & Rosemary Holiday	"Notes on Cha Cha (Heartache Cha Cha)"

### **Latin or Rhythm**

<u>Year: Page</u>	<u>Presenter/s</u>	<u>Title</u>
2008: 66-67	Irv & Betty Easterday	"Who Leads? Who Follows" That Is the Question!: The Latin Way"
2007: 61-64	Sandi & Dan Finch	"Latin Technique"
2006: 76	Chris & Terri Cantrell	"Lead? Follow?"
2006: 100	Michael & Diana Sheridan	"Latin Problem Figures"
2005: 129-130	Al & Carol Lillifield	"The Latin Toolbox"
2005: 131-134	Brent & Judy Moore	"Using Your Arms to Decorate Your Dancing"
2004: 114-117	Chris & Terri Cantrell	"Latin Attitude"
1999: 42-43	Wayne & Barbara Blackford	"The ABC's of Dancing"
1999: 55-58	Jerry & Diana Broadwater	"What's the Difference: American vs. International Latins: Cha Cha, Rumba, Jive"
1998: 54	Bill & Carol Goss	"Learning Latin in Layers"
1998: 55	Curt & Tammy Worlock	"Twists and Turns of Latin Dance"
1997: 18-24	Richard E. Lamberty	"Footwork and Rise: Two Sides of the Same Coin"
1996: 33-37	Richard Lamberty	"Basic Latin Action"
1981: 15-17	Roy & Phyllis Stier	"Styling Clinic"